

Programme for Young People

September / October 2024

**Evening Space
Mondays**
@ 48 Despard Road
5:30pm-9:30pm: open space
6:30pm-8:30pm: peer support group,
activities and workshops

**Daytime Space
Tuesdays**
@ 76-80 Isledon Road
10:30am - 3:30pm: open space
1pm-3pm: social group, activities and
workshops

Monday evening space		Tuesday daytime space	
16-Sep-24	Launch party with pizza and creative activities	17-Sep-24	Peer volunteer meeting / training
23-Sep-24	Tree of life identity workshop	24-Sep-24	Kew Gardens outing
30-Sep-24	Peer support group / self-care activities	01-Oct-24	Poetry / writing workshop
07-Oct-24	Collage workshop	08-Oct-24	Peer volunteer meeting / training
14-Oct-24	Peer support group / activities - Neurodiversity focus	15-Oct-24	Sexual health / LGBTQ+ workshop
21-Oct-24	Film workshop	22-Oct-24	Halloween themed outing
28-Oct-24	Peer support group / Halloween pumpkin carving	29-Oct-24	Drama games workshop

Programme for Young People

November / December 2024

Evening Space Mondays

@ 48 Despard Road

5:30pm-9:30pm: open space
6:30pm-8:30pm: peer support group,
activities and workshops

Daytime Space Tuesdays

@ 76-80 Isledon Road

10:30am - 3:30pm: open space
1pm-3pm: social group, activities and
workshops

Monday evening space

Tuesday daytime space

04-Nov-24	DJing/ movement workshop	05-Nov-24	Peer volunteer meeting / training
11-Nov-24	Peer support group / Black History Month film screening	12-Nov-24	Black History Month outing
18-Nov-24	Poetry / writing workshop	19-Nov-24	Peer-led workshop
25-Nov-24	Peer support group / activities - Pride glam makeup session	26-Nov-24	Jamming workshop
02-Dec-24	Mindfulness/art workshop	03-Dec-24	Peer volunteer meeting / training
09-Dec-24	Peer support group / Christmas present making	10-Dec-24	Peer-led workshop
16-Dec-24	Christmas celebration and sharing meal	17-Dec-24	Christmas outing